

# Motivational Interviewing and Tobacco Use VIRTUAL Brief Intervention Training for Healthcare Teams

**Friday January 15th, 2021, 9am-1pm**

**Trainer:** Dee-Dee Stout, MA, Certified Alcohol and Drug Counselor, and member of the international Motivational Interviewing Network of Trainers (MINT)

**Description:** Participants will learn Motivational Interviewing techniques to help support tobacco treatment in diverse clients. Participants will also learn how to use motivational interviewing to support ambivalent clients to a possible quit attempt or reduce to quit.

**Who Should Attend:** Clinical Staff of substance abuse, mental health and primary care providers, Health Educators, Community Cessation Facilitators, Case Managers, Home Health Care Workers, Nurses and other healthcare providers.

**Learning Objectives - at the end of the training, participants will be able to:**

1. Describe and listen for the element of “Change Talk” when having dialogue with patients
2. Describe 2 types of reflective listening modalities when having a dialogue with clients
3. Demonstrate 2 MI strategies that can support an individual work through the ambivalence of quitting tobacco use to facilitate change

**Registration essential, deadline January 10th, 2021 - Zoom link sent upon registration**

Register online: <https://www.eventbrite.com/e/motivational-interviewing-and-tobacco-use-tickets-131543681693> Questions? Contact Alex Hay [ahay@lifelongmedical.org](mailto:ahay@lifelongmedical.org)

This training is sponsored by Alameda County Behavioral Health Care Services (ACBH) in contract with LifeLongMedical Care Tobacco Treatment Program, located EBCRP.

For reasonable accommodation or to file a grievance, go to: <http://www.acbhcs.org/training>

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3.5 hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0622; and for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant’s responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. Continuing Education Certificates will be emailed to qualifying participants within 30 days of the training.



WELLNESS - RECOVERY - RESILIENCE